

Mothers empowering mothers is here to help and we are especially here to for those mothers that need it most.

1. When is your expected due date?
2. What is your annual household income?
3. Are you a single parent? Y/N
4. How much support, that you feel comfortable asking for help, do you have in place for the postpartum period?

0 1 2 3 4 5 6 7 8 9 10

Many Some No one

1. How much would you benefit physically, mentally, emotionally from Postpartum Doula Support Services?

0 1 2 3 4 5 6 7 8 9 10

Not much Some Very much

1. How well is feeding your baby going?

0 1 2 3 4 5 6 7 8 9 10

No struggle Constant struggle

1. Are you able to prepare meals for yourself and/or family?

0 1 2 3 4 5 6 7 8 9 10

Yes Sometimes Never

1. How likely are you to attend a postpartum support group?

0 1 2 3 4 5 6 7 8 9 10

Likely Maybe Not Likely

1. Have you accessed or attempted to access any other postpartum services? Y / N
2. What barriers prevented you from accessing those services?